4 August 2020

NATIONAL ABORIGINAL AND TORRES STRAIT ISLANDER CHILDREN'S



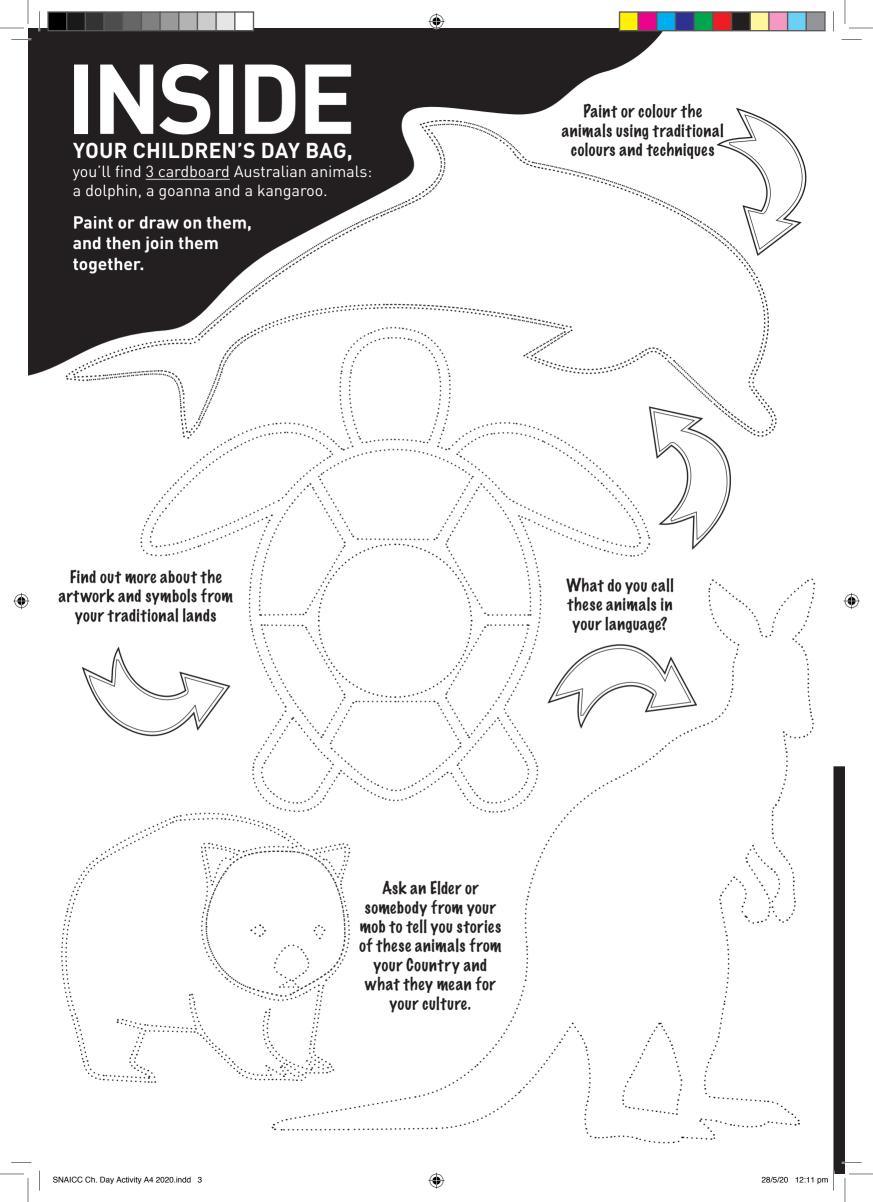
We are the Elders of tomorrow, HEAR OUR VOICE #EldersOfTomorrow #StrongInCulture

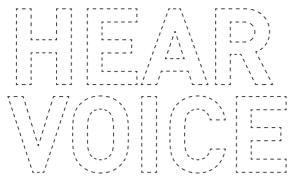
What are three of your favourite things about your culture?

Write them here and share them with your friends and family.

Ask somebody from your community such as an Elder, auntie/uncle, brother/sister, mum/dad, cousin, friend to help you.

For more fun activities, go to www.aboriginalchildrensday.com.au







Wordsearch



DEADLYWVVZGOIZF YBOXL HMANENNWKMSA

CELEBRATE

COUNTRY

CHILDREN

CULTURE

ELDERS

LISTEN

STRONG

DEADLY

STORY

LEARN

PLAY

FUN

VOICE

DAY

FAMILY

M₀B

YOUR CHILDREN'S DAY BAG.

you'll find some native seeds of pigweed Portulaca oleracea. Pigweed is a valuable bush food of green juicy leaves, found across Australia. Some Aboriginal peoples, especially in dry regions, grind the seeds into mill flour to be baked into damper.

Plant your seeds, watch your plant grow and pick the leaves for

a tasty salad, or make some damper.

BUSH TUCKER SEEDS TO **PLANT**



This Australian bush tucker herb has a sweet and sour flavour and can be cooked or used in salads. The seeds are used by some Aboriginal and Torres Strait Islander peoples to make flour or damper or seed cakes.





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Visit www.aboriginalchildrensday.com.au for a damper recipe, and more bush tucker fun!

CHILDREN'S DAY 2020

To me, culture means ...

My name is



lam _____ years old

Please email your drawings to SNAICC for us to share as part of our Children's Day 2020 celebrations: media@snaicc.org.au

