



### CONFERENCE PROCEEDINGS - SUMMARY FROM PRESENTERS

<b>Session Number</b>	35 Services Supporting families supports community wellbeing
<b>Your Presentation Title</b>	<b><i>Nanko-walun Porlar Nomawi (Wellbeing for Aboriginal Children &amp; Families).</i></b>
<b>Abstract /Summary of Presentation (1/2 to 1 page)</b> <ul style="list-style-type: none"> <li>• objectives</li> <li>• main ideas, topics and findings</li> <li>• evidence?</li> <li>• Outcomes?</li> </ul>	<p>Nanko-walun Porlar Nomawi works from a social and emotional wellbeing framework with Aboriginal families throughout Ngarrindjeri country. Working from a social and emotional wellbeing framework allows for a greater focus on all elements that are vital in a person's and community wellbeing including the social, political, spiritual beliefs, lifestyle, cultural, emotional, mental and physical wellbeing.</p> <p>There is a stigma and shame in the Aboriginal community in relation to mental health which is a barrier to accessing services, by working from a social and emotional wellbeing framework allows for change to occur in the Aboriginal community to reduce stigma associated with mental health in turn breaking down access barriers.</p> <p>The importance of working from a holistic approach with the individual and greater family/community has been proven to bring greater success when working in partnership with the Aboriginal community. Being able to understand an individual, family and community history through story is fundamental in engaging with and undertaking therapeutic work within the Aboriginal community. The Nanko-Walun Porlar Nomawi team works from a community approach and highlights the partnerships and community connections as vital to ensure successful outcomes for Aboriginal families.</p> <p>This forum will allow for the collaborative practice &amp; frameworks applied within the Ngarrindjeri community to be presented and allow for people working with Aboriginal young people and families to gain a deeper understanding of how the Nanko-walun Porlar Nomawi program delivers a service within a social and emotional wellbeing framework.</p>
<b>References if applicable</b>	
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