

We didn't talk for a few years, I miss those years

I lost my way for a bit, but got back in touch



When I see a picture of my children and grandchildren, I can see me and my ancestors in them



My children are having children. I'm helping him with his children now

THE JOURNEY

THINK ABOUT WHAT YOU HAVE LEARNT IN YOUR OWN LIFE JOURNEY AND TEACH YOUR OWN KIDS AND GRANDCHILDREN

Having a kid has made me grow up a bit more

I learnt about being a father from my own Dad



I bathed them, took them to work with me, I done everything you can name with them, even took them to training with me

I want to share my life story with family so they don't make the mistakes I did



We were both young, just freaking out and didn't know what to do but we stayed together and now we've got another two



YOU'RE A DAD

7 storylines about being a Dad



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Warning: Aboriginal and Torres Strait Islander people should be aware that this publication may contain images of people who may have since passed away.

Share your stories

The best thing for Dads who want some support or advice is to talk to other Aboriginal and Torres Strait Islander men.

There are many Aboriginal and Torres Strait Islander men's groups meeting Australia-wide who are talking together about how to look after themselves and their kids and renew their pride and strength.

Ring your local Aboriginal and Torres Strait Islander child, family and health services to find out what supports and men's groups are in your area.

Online information

SNAICC www.snaicc.asn.au

The Family Action Centre www.newcastle.edu.au/centre/fac

Raising Children Network
http://raisingchildren.net.au/for_fathers/for_fathers.html

www.menslineaus.org.au

Phone helplines (free for the cost of a local call)

Men's Line 1300 7899 78

Parent helplines

QLD & NT	1300 30 1300	WA	1800 654 432
VIC	13 22 89	ACT	(02) 6287 3833
SA	1300 364 100	TAS	1300 808 178
NSW	13 20 55		

