

BOTTLE SHAKER

1. Find empty plastic drink bottle with a lid lying around the home or in recycling bin. Clean out with warm soapy water.
2. Pour rice, macaroni, sand, or smarties etc. into the bottle.
3. Screw on the lid (tape up if required.)
4. Decorate the bottle with coloured paper or dot paint.
5. Get shaking and play some Indigenous music!