

Warning:
Aboriginal and Torres Strait Islander people should be aware that this publication may contain images and names of people who have since passed away.



Strong and Healthy

Red Cross and community
partnerships

We would like to acknowledge the Central Arrernte people as the traditional owners and custodians for Mparntwe Alice Springs and pay respect to Elders, past and present.

Strong and Healthy

Red Cross and community partnerships

- Australian Red Cross
 - Our Seven Fundamental Principles
 - Our ways of working in line with Aboriginal and Torres Strait Islander Strategy 2009-2015

- Food security and health promotion
 - What is Food Security?
 - Red Cross Tjukurpa (story) Central Australia
 - Good Start Breakfast Clubs (GSBC's)
 - FOODcents training

- Community development through community partnerships- the way forward.
 - Case studies: Partnerships with communities and Tangentyere
 - Learning about nutrition through art- Community Evaluation of GSBC

Red Cross: 7 Fundamental Principles:

- Humanity
- Impartiality
- Neutrality
- Independence
- Voluntary Service
- Unity
- Neutrality

OUR WAYS OF WORKING

Aboriginal and Torres Strait Islander Strategy 2009-2015

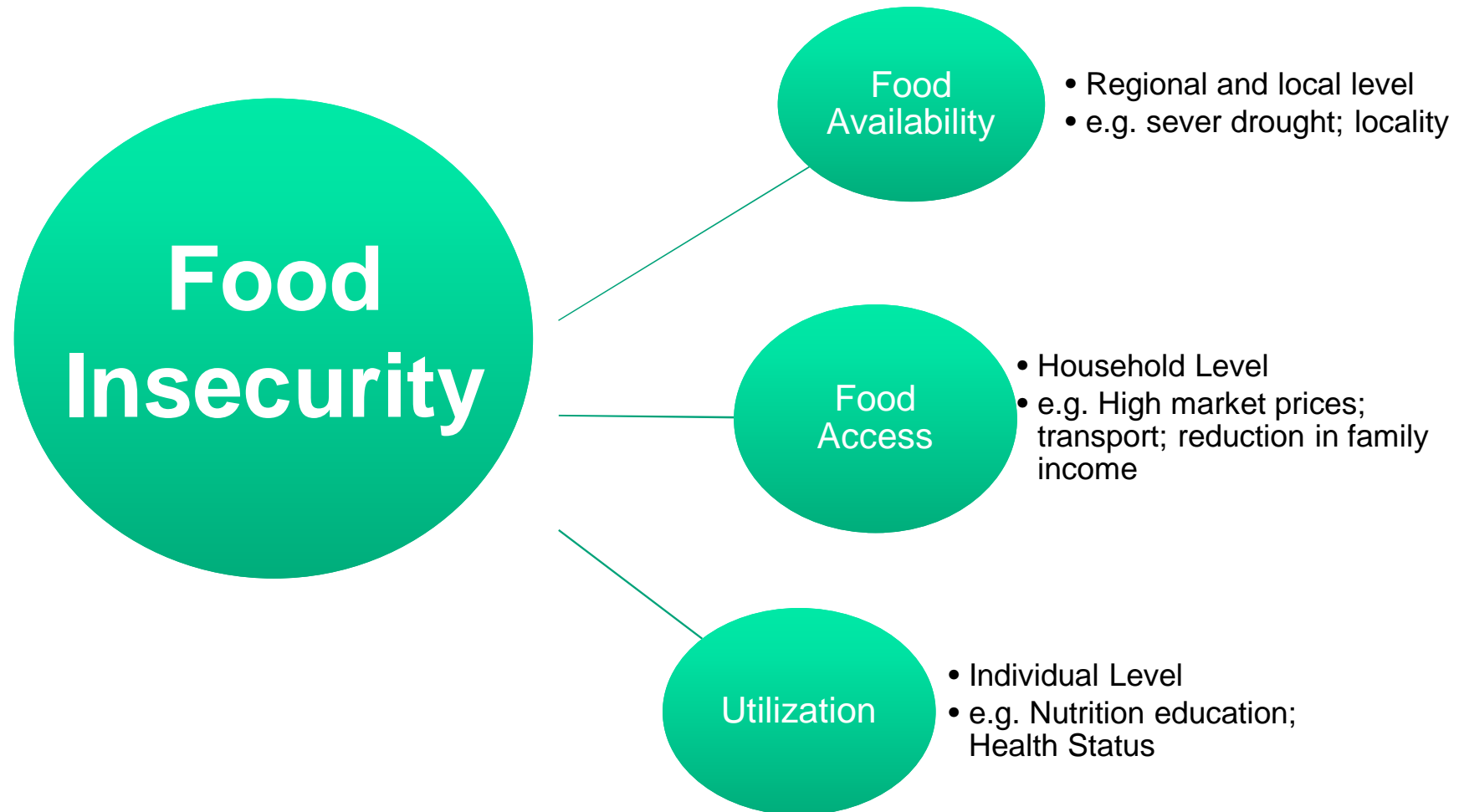
- Work in genuine partnership with Aboriginal and Torres Strait Islander peoples, communities, organisations and stakeholders;
- Build on strengths;
- Long-term, respectful partnerships;
- Capacity-building approach and “bottom up” consultation;
- Establish and develop an evidence-based approach to our work through research and evaluation;
- Strengthen our capacity and engagement in locations of high need, vulnerability and disadvantage;

Food security and health promotion

WHAT IS FOOD SECURITY?

- Food Security is the state of having regular access to safe, nutritionally adequate, culturally acceptable food from non – emergency sources.
- Food security is built on 3 pillars; Food Availability; Food Access and Food Utilisation.
- Food Security broadens the traditional conception of hunger, embracing a systemic view of the causes of hunger and poor nutrition.

Food security and health promotion



Red Cross Tjukurpa (story) Central Australia

“This story tells how many of my people are caught in the bad circle.

Many children are hungry and sick, they become sad and angry.

They drink grog, sniff petrol and take drugs to try and lessen the pain.

They get depressed, fight and have accident.

They die too young. We end up with small, weak, sad families.

Australian Red Cross is trying to help us get out of that bad circle and on to the good line.

Look after our children so they can look after us.

They grow up happy and strong to have big, strong, happy families.”

Jack Crombie- Community Development Officer (APY Lands)
“Katatjunti”



Good Start Breakfast Club (GSBC)

- What is a GSBC?
- Who is a GSBC for?
- Where do GSBC operate in Central NT?
 - 15 Remote
 - 4 Urban
- All GSBCs are unique.
- Sustainability and resources



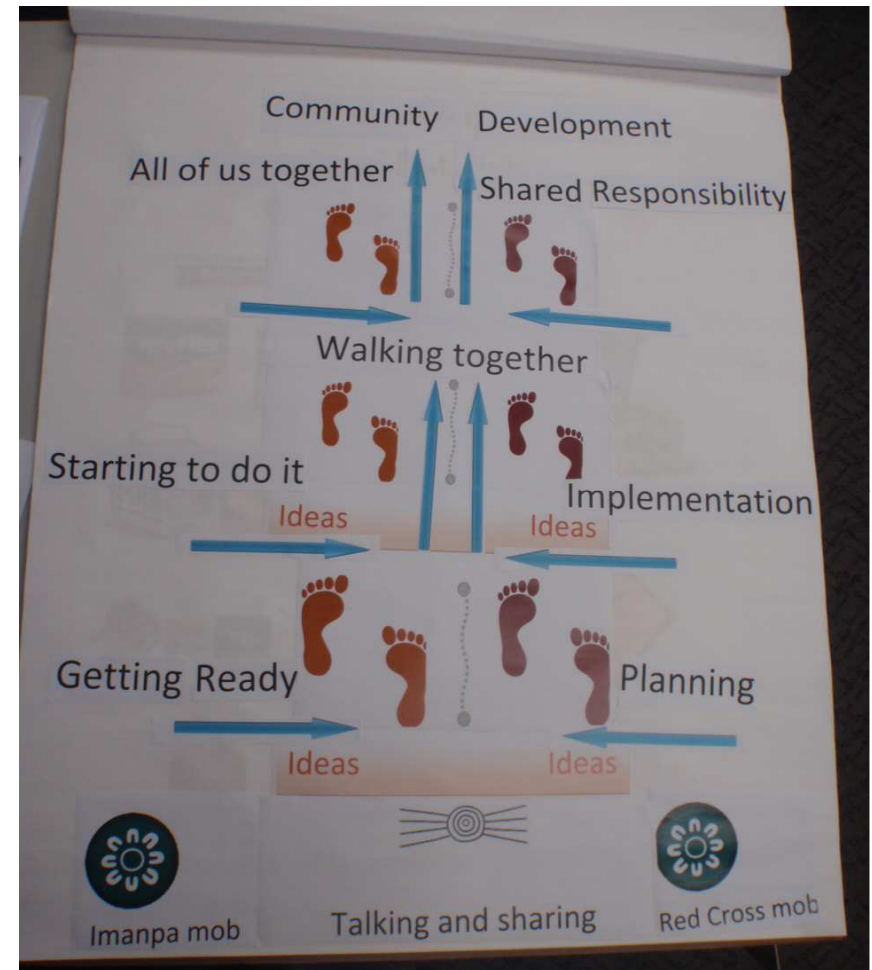
What is FOODcents?

- Budgeting and nutrition training;
- Is a flexible program;
- Activities based training package;
- FOODcents training has been delivered in:
 - Imanpa,
 - Kaltukatjara,
 - Kings Canyon outstations
 - Tennant Creek and
 - In partnership with Tangentyere Council



Community Development through community partnerships- the way forward.

- Community A & Red Cross relationship
- Talking and sharing
- Asset mapping
- Food security concerns of Imanpa community
- Capacity development
- Planning for future work together



Community Development through community partnerships- the way forward.

- Red Cross and Tangentyere relationship/ partnership;
- FOODcents training with Tangentyere CDEP participants and Town Camp A community;
- Food security concerns of Town Camp A community;
- Asset mapping;
- Planning for future work together;

Learning nutrition through the arts

- Working together
- Education
- Evaluation
- Collaboration
- Resource





Thank you.